

Health Education

Combined Fabrics Limited

Contents

- Policies, SOPs regarding health.
- Training about Health.
- Awareness of women's rights.
- Personal and menstrual hygiene during menstruation.
- Prenatal and postnatal care.
- Effective and efficient women health care services.
- Health education.
- Advance health care by medical specialist.
- Financial assistance for developing small enterprises.
- Develop linkage between potential partners through resource mapping survey.

Policies and SOPs regarding Health

- Already set policies and SOPs.
- Set priorities regarding health.
- Special health care services for female workers.

Training about Health

The should be trained about...

- Standard protocols of common ailments.
- First aid.
- Emergency situations.
- Health education such as prevention of common infections.

Awareness of women's rights

Women are unaware of their basic rights such as...

- The rights to be assigned easier duties during pregnancy.
- Maternity leaves.
- On-site factory child care facilities.
- Nursing breaks.

Personal and menstrual hygiene during menstruation

- Availability of sanitary napkins.
- Proper disposal in privacy.
- Medical care / support within factory.

Prenatal and postnatal care

- Information / awareness about prenatal.
- Information / awareness about postnatal.
- Postnatal care may be provided at factory clinic by female health care provider.
- Knowledge about delivery.

Effective and efficient women health care services

- Routine checkup.
- Counseling about Pregnancy, childbirth & breastfeeding.
- Different complications during pregnancy, childcare and breastfeeding.

Health education

- Nutrition guidelines.
- Iron-folic supplements.
- Birth preparedness for safe delivery proper rest.
- Promotion of breast feeding.
- Family planning
- Hygienic practices.
- Avoid smoking addiction and drug abuse.
- Awareness about prevention of HIV/AIDS and hepatitis.

Advance health care by medical specialist

- Medical care by medical specialist.
- Resource mapping towards health.

Financial assistance for developing small enterprises

- Financially support by organization.
- Medical facility by organization.
- Consulting facility by organization.

Develop linkage between potential partners through resource mapping survey